

GECAC CORRY SENIOR CENTER

MAY 2026 NEWSLETTER

25 S FIRST AVE., CORRY, PA 16407 (814)664-2477

OPEN TUESDAY - FRIDAY 9 A.M. TO 3 P.M.

Rachael Price, Senior Center Director Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 1ST HAWAIIAN SHIRT DAY
- 5TH TACO SALAD DAY w/Nachos & Cheese
- 6TH MOTHER'S DAY PARTY-Ploss's Catering
BIBLE STUDY @ 10:30 AM
BIRTHDAYS
- 11TH SENIORS FOR SAFE DRIVING @ 9 AM -1PM
- 12TH BLOOD PRESSURE SCREENING
@ 10:30AM
- 13TH SPEAKER: @ 11 AM Nutrition
- 15TH CHOCOLATE CHIP DAY
SPEAKER @ 11:00 AM Smartphones at a
glance
- 19TH CRAFT CLASS @ 10:30 AM Tissue paper
Flowers
- 20TH BIBLE STUDY @ 10:30 AM
- 26TH BIBLE STUDY @ 10:30 AM
- 27TH SPEAKER @ 10:30 AM Geriatric Services
thru the VA
- 29TH FREE PIZZA PARTY-Sign up by Wed., 5/20
Meals on Wheels Volunteer Recruitment
Presentation @ 11:00AM



- 5/2 Helen Kent
- 5/4 Kaye McCray
- 5/5 Janet Ahl
- 5/9 Dorothy Jackman
(95 years)
- 5/12 Robbie Haehn
- 5/15 Nancy Dingfelder
- 5/24 Jackie Lund
- 5/25 Dee Giacoma

JOIN US FOR BIRTHDAY CAKE !

MAY IS OLDER AMERICAN'S MONTH

**** UPCOMING PARTY DATES ****

MAY 06 MOTHER'S DAY Party COST: \$5.00
Reservations Due by WED., APR. 29TH
JUN 10 FATHER'S DAY Party COST: \$5.00
Reservations Due by WED., JUN. 3RD

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN
FOR EACH PARTY!! NO EXCEPTIONS!!

There will be a gift card drawing
every day @ noon



You must put your name
in the bucket **DAILY** to win!

Must be present to win!
You may only win once!

MAY CALENDAR & MENU

MENU SUBJECT TO CHANGE

TUE		WED		THUR		FRI	
28	SAUSAGE SUB 9:00 CARDS	29	OX ROAST 9:00 CARDS 10:30 SPEAKER: Diabetes 12:30 BINGO	30	STUFFED CABBAGE 9:00 CARDS 11:00 EXERCISE	1	CHICKEN SALAD 9:00 CARDS 12:30 BINGO Hawaiian shirt Day
5	TACO SALAD 9:00 CARDS	6	Ploss's Catering MOTHER'S DAY PARTY 10:30 BIBLE STUDY BIRTHDAYS	7	GOULASH 9:00 CARDS 11:00 EXERCISE	8	TURKEY 9:00 CARDS 12:30 BINGO
12	RAVIOLI 9:00 CARDS 10:30 BP SCREENING	13	STUFFED CHICKEN 9:00 CARDS 11:00 SPEAKER: Nutrition 12:30 BINGO	14	BREADED BAKED FISH 9:00 CARDS 11:00 EXERCISE	15	CHICKEN ala KING 9:00 CARDS 11:00 SPEAKER: Smartphones at a glance 12:30 BINGO Chocolate Chip Day
19	OVEN FRIED CHICKEN 9:00 CARDS 10:30 CRAFTS: Tissue paper flowers	20	MEATLOAF 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	21	CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE	22	STUFFED PEPPERS 9:00 CARDS 12:30 BINGO
26	CHICKEN SALAD PITA 9:00 CARDS 10:30 BIBLE STUDY	27	SWEDISH MEATBALLS 9:00 CARDS 10:30 SPEAKER: Geriatric Services thru the VA 12:30 BINGO	28	CHEESEBURGER 9:00 CARDS 11:00 EXERCISE	29	FREE PIZZA PARTY 9:00 CARDS 11:00 SPEAKER: MOW's Presentation 12:30 BINGO



Pennsylvania
Medicare Education
and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



Pennsylvania

Department of Aging



SHIP

State Health Insurance
Assistance Program

Navigating Medicare

Medicare and Ambulance Coverage

Many Medicare recipients who utilized ambulance services, find themselves with unanticipated charges. Here is what you may need to know.

Medicare Part B helps cover ambulance services to hospitals, and skilled nursing facilities, generally when other transport options may pose a serious health risk. Medicare pays 80%, and the insured pays 20%, after the annual deductible. It is important to know that transport must be deemed medically necessary, the destination generally needs to be the closest facility, and non-emergency transport needs to be physician prescribed as medically necessary.

If your service provider believes your coverage will be denied by Medicare, they must provide you with an Advance Beneficiary Notice (ABN). If provided with an ABN, you will be asked to sign that you received the notice, thereby assuming liability to pay any uncovered costs.

If you have an Advantage Plan (Part C), or ambulance membership benefits, you may have different rules or additional transportation coverage options. Check with your insurer or membership details to verify.

PA MEDI Counselors can help you learn about Medicare, Preventive Services, understand and enroll in your plan of choice, appeal Medicare decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs.

**For help in understanding your options, contact your local
PA MEDI Office for More Information**

GECAC Erie Area Agency on Aging * 814-459-4581 Ext. 400

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GREAT RESOURCES



GECAC SENIOR HELPLINE: If you are in need of In-Home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, call **(814) 459-4581 ext. 400** or visit **www.gecac.org** to find out more.

PA 211 is a vital service in Pennsylvania that connects individuals with various community resources. It provides free and confidential assistance for a wide range of needs, including:

- Crisis and emergency counseling
- Food, health care, and insurance assistance
- Housing and utilities payment assistance
- Employment services and veteran support
- Childcare and family services

PA 211 operates 24/7, offering a one-stop resource for finding local services and support. Visit **www.pa211.org** to explore programs available in your community.

SNAP/Food stamps: To apply call **814-461-2000** or **1-800-635-1014**

LIHEAP: To apply call **814-461-2002** or **1-866-857-7095**

SOME HELPING SERVICES IN ERIE COUNTY:

- The EMTA Senior LIFT..... **814-456-2299**
- Corry City Police **814-664-2222**
- Corry Fire Department **814-663-7041**
- The Independent Council on Aging.... **814-835-7485**



Reminder that anyone who is experiencing depression, loneliness or isolation can **call 9-8-8** anytime to speak with a trained counselor who will listen, or the UPMC Safe Harbor Erie WARM line **1-877-550-4007**. The WARM Line is a free, confidential phone service you can call to speak one-on-one with a certified peer specialist. It's not a crisis line. If you need to speak with a crisis counselor, call **814-456-2014** or **1-800-300-9558**.



VOLUNTEER DRIVERS FOR HOME DELIVERED MEALS NEEDED:

Through our Meals on Wheels Program, volunteers deliver nutritious, home-cooked meals to seniors across Erie County--many of whom live alone, face food insecurity or struggle with social isolation. Erie County has ten food deserts, seven in the City of Erie, leaving over 22,000 residents without easy access to healthy food. Additionally, 37% of seniors live alone, increasing their risk for malnutrition, health complications and loneliness. Volunteering with GECAC, you do more than deliver a meal-- you provide a daily visit, a warm smile and a watchful eye that can detect early health risks, prevent hospitalizations, and improve overall well-being. Last year alone, our volunteers delivered 25,889 meals, served 130 seniors and contributed over 1,750 hours of service--touching lives in ways that extend far beyond nutrition.



COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE:
(814)459-4581
AAA TOLL FREE: (800)769-2436
AFTER HOURS (CRISIS LINE)
Day (814)451-4581 Ext 400
Evening (814) 451-1520
PACE-PACENET: (800)225-7223
ERIE CO VETERAN'S AFFAIRS:
(800)274-8387
SOCIAL SECURITY ADMIN:
(877)405-3543
AGENCY WEBSITE:
www.gecac.org
PA AGING WEBSITE:
www.aging.pa.gov

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON
FOR SENIORS 60 YRS & OLDER.
MEALS ARE \$2.00 CONTRIBUTION
PLEASE MAKE YOUR MEAL
RESERVATIONS
2 WEEKS IN ADVANCE
PARTIES WILL BE \$5.00, UNLESS
STATED OTHERWISE

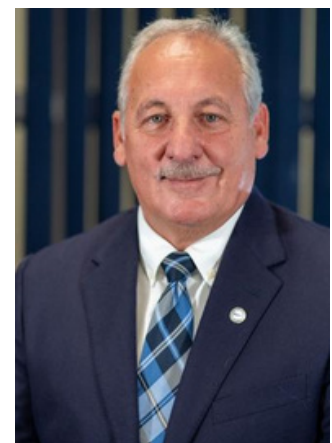
BINGO IS PLAYED ON
WEDNESDAYS & FRIDAYS @
12:30. We have LOTS OF FUN,
so come join us!!!

TAI CHI EXERCISE CLASS ON
THURSDAYS @ 11:00
LET'S BE HEALTHY!!

The GECAC Corry Senior Center, operated by Greater Erie Community Action Committee(GECAC), Area Agency on Aging, is funded in part by the Department of Aging.



Dr. Benjamin Wilson
CEO



Ray Maholtz
AAA Division Manager

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$9.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



WI-FI is available FREE TO OUR SENIORS!!
Prior to using the WI-FI, members will need to
sign the GECAC POLICY AGREEMENT .
Please see RACHAEL OR VALERI FOR
ASSISTANCE.



JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search.

Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you’ll need to agree to the Group rules, but it’s easy and it’s for your protection.

We will be posting our newsletters, upcoming events and hopefully, soon, getting some other virtual activities for you to be able to participate. Talk with other current and active members and perhaps meet some of the new members that have joined us.